

Claims

I claim:

1. A swaddling blanket, comprising:

a back panel, the back panel having a bottom edge, a first side, and a second side; and

a first blanket arm, the first blanket arm having a wide end and a narrow end, the wide end of the first blanket arm being integrated with the first side of the back panel to form a continuous sheet.

2. A swaddling blanket as claimed in claim 1, additionally comprising a leg pouch, the leg pouch having a bottom edge, the leg pouch being disposed upon the back panel with the bottom edge of the leg pouch proximate to the bottom edge of the back panel.

3. A swaddling blanket as claimed in claim 1, additionally comprising an arm restraint, the arm restraint disposed upon the back panel.

4. A swaddling blanket as claimed in claim 1, additionally comprising a first arm restraint and a second arm restraint, the arm restraints disposed upon the back panel.

5. A swaddling blanket as claimed in claim 1, additionally comprising a second blanket arm, the second blanket arm having a wide end and a narrow end, the wide end of the second blanket arm being integrated with the second side of the back panel to form a continuous sheet.

6. A swaddling blanket as claimed in claim 5, wherein the second blanket arm is shorter than the first blanket arm.

7. A swaddling blanket, comprising:

a back panel, the back panel having a bottom edge, a first side, and a second side;

a leg pouch, the leg pouch having a top edge and a bottom edge, the leg pouch being disposed upon the back panel with the bottom edge of the leg pouch proximate to the bottom edge of the back panel;

a first arm restraint and a second arm restraint, the arm restraints disposed upon the back panel above the top edge of the leg pouch;

a first blanket arm, the first blanket arm having a wide end and a narrow end, the wide end of the first blanket arm being integrated with the first side of the back panel to form a continuous sheet, the first blanket arm being long enough to wrap entirely around an infant at least twice; and

a second blanket arm, the second blanket arm having a wide end and a narrow end, the wide end of the second blanket arm being integrated with the second side of the back panel to form a continuous sheet, the second blanket arm being long enough to span an infant's torso and wide enough to overlap the top edge of the leg pouch.

8. A method for swaddling an infant, comprising the steps of:

laying the infant upon a swaddling blanket, with the infant facing upward;

inserting the infant's legs in a leg pouch attached to the swaddling blanket;

restraining the infant's arms close and parallel to the infant's torso;

wrapping a second blanket arm across the infant; and

wrapping a first blanket arm around the infant in a direction opposite the direction in which the second blanket arm was wrapped.